

Florida Bike

Cycle 600km to Key West in 4-days!



Ultimate Challenges

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Bike Key West

625km along the spectacular coastline of Florida

Riding up the coastal highway through quaint towns, we breathe in the sea air of the Atlantic coast punctuating our days and filling our minds with memories to last a lifetime. Ending in the famous Key West, Florida - the southernmost point in the continental US, we will end our challenge at the home of famous writers such as Ernest Hemingway and Tennessee Williams.

After some long and rewarding, challenging miles on the bike, passing the infamous Miami Beach skyline, keeping our sights set on the remaining miles into Key West. Rich in history, arts and culture, the 120-mile island chain is also home to the continental United States' only living-coral barrier reef, an amazing place to end our cycling challenge!!!



Detailed itinerary

Day 1: Depart London to Orlando

Day flight to Orlando. On arrival transfer to Cocoa Beach. Tonight, we will have a briefing about the challenge ahead.

Day 2: Cocoa Beach to Jupiter

118 miles / 189km

Today we begin our epic cycling challenge! After an early morning bike fitting, we begin in the quintessential beach town of Cocoa Beach home to world class surfing! Cycling over the Banana River we will encounter the amazing sites of mangroves, strangler figs, and gumbo limb, just to name a few species of trees. When we start the ride, we see our first glimpse of coastal habitat that is a cross between spooky and adventurous. We continue for our last push to our destination of the day, Jupiter along the twin coasts of Highway 1 and 1A.

Day 3: Jupiter to Miami

89 miles / 142km

This morning we continue up the Highway 1 towards our destination tonight - Miami Beach, located above the Tropic of Cancer, and known for some of the hottest night life in U.S. While Miami might be known for night life, the biggest part of your life

Day 3 cont.

today will be your ability to deal with calf burning miles and humid salty air!! You will be rewarded with the famed Miami skyline, amazing ocean views, and a peaceful beach to sit on while enjoying the sunset. Overnight in Miami Beach.

Day 4: Miami to Key Largo

81 miles / 130km

We leave the famed Miami Beach which is located above the Tropic of Cancer and follow Highway 1 to Key Largo. Our biggest part of today will be the ability to deal with the calf burning miles and humid salty air!! The views will make it all worth it.

Day 5: Key Largo to Key West

104 miles / 166km

The final day on our bikes! We depart Key Largo along the beautiful Highway 1 coastline to Key West, the southernmost city in the United States and only 90 miles from Cuba. Rich in history, arts, and culture, the 120-mile island chain is also home to the continental United States' only living-coral barrier reef, an amazing place to end our cycling challenge!!!

Day 6: Departure day

Free day before onward journey to the airport for overnight flight to London.

Day 7: Arrive London, UK

Please note:

we can add an additional day at the end in Key West at own expense.

Challenge grade

Tough

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This itinerary is complex and subject to change

