

Vietnam Trek

Experience untouched Asia



Ultimate Challenges

JERSEY CHESHIRE HOME
Supporting islanders with disabilities

Vietnam, Pu Luong Trek

Trek this mountainous untouched area of Asia

Isolated from the world for years, Vietnam is slowly laying its war torn past to rest and emerging as one of the most interesting and diverse destinations in Asia. Our trekking challenge begins in the charming city of Hanoi before heading to the beautiful Hoa Binh Province located in the mountainous area of southeast Hanoi. This trek gives us an opportunity to see a country of traditional charm and rare beauty taking its first steps into the modern world.

We pass through some of the most untouched and lush scenery in Asia. This mountainous area is home to many distinct hill tribes such as the Black and White H'Mong tribes, some still living as they have for generations. At night we will be guests in village homes and spend time learning about the local culture.



Detailed itinerary

Day 1: Depart UK to Hanoi

We depart the UK for Hanoi, Vietnam.

Day 2: Arrive Hanoi

On arrival we will meet our local guides and transfer to our hotel. The afternoon is free to look around Hanoi, the charming capital of the Socialist Republic of Vietnam. Free afternoon to explore this fascinating city. In the evening, we will have a full trek briefing about the challenge ahead.



Day 3: Hanoi to Hang village

3-4hrs trekking

After breakfast we transfer by coach approx. four hours to beautiful Hoa Binh Province. Hoa Binh is populated by Thai, Hmong, Muong and Dao ethnic people. We will stop for lunch and will be served a traditional lunch by our host family. In the afternoon we will trek through many picturesque villages and lush paddy fields to the quaint Thai village of Van. Our guides will be on-hand to explain about the rice harvesting and other local produce such as peanuts. Overnight in Thai houses on stilts.

Day 4: Hang village to Kho Muong village

7-9hrs trekking

Today we trek on village paths, and on an old, disused unpaved French road. There are some steep climbs throughout the day, as well as some stream crossings. While trekking becomes more remote, one is never far from a villager tending fields or walking back from the early morning market.

After lunch, continue along the old jeep road to a village nestled between steep karst mountains. Overnight in homestay.

Day 5: Kho Muong village to Hieu village

7-9hrs trekking

After breakfast we say farewell to our local host family and continue to Ban Uoi Village along the mountain trail. We pass the immense Pu Luong terraced heritage, and the bamboo and fern forest to U'oi. From here we follow the trail through the emerald terrace rice fields and jungle to Hieu Waterfall. Arrival in Hieu village is always special as the setting of the village is perhaps the most beautiful in Vietnam where you can admire the miracle waterfall, deer farm, traditional houses, terrace rice fields all from the top of the waterfall.

Enjoy dinner at the homestay with the local rice wine and enjoy the company of the locals to understand more about their culture and customs.



Detailed itinerary

Day 6: Hieu village to Pho Doan

Transfer to Hanoi

3-4hrs trekking

Before breakfast there is a chance to enjoy sunrise over the mountain tops, as the local farmers hustle around doing their early morning chores. Breakfast is prepared by the local Thai people you are staying with. There is a short transfer to a suspension bridge over the Cham River, where you begin your final trek of this challenge in search of stunning water wheels. There is a chance to get up close to each wheel and discover how water is moved from river to handmade bamboo aqueducts via simple constructions of all sizes.

Weather permitted, there is an option of taking an exciting bamboo rafting experience along the Cham stream. Floating along the calm river you will enjoy the views, in between learning how to paddle and steer your handcrafted rafts.

After lunch you will meet your vehicles to transfer back to Hanoi. Tonight, we will celebrate our achievements with a special gala dinner.

Day 7: Hanoi to UK

Morning at leisure until our transfer to the airport for our overnight flight back to the UK.

Day 8: Arrive UK

Arrive London early morning.

Challenge grade

Tough

Best time of year

October – March

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This itinerary is complex and subject to change.



Breakdown of Costs – Vietnam Trek

Included:

- Return international flights from London to Hanoi
- Airport transfers upon arrival and local transfers
- Park fees
- Full board (except lunch and dinner on departure day)
- Celebratory dinner at the end of the trip
- Professional qualified local guides
- Shared accommodation (hotel in Hanoi, dorm style in local village houses on trek)
- UK Expedition Doctor
- UK Leader

Not Included:

- Airport taxes and fuel surcharges
- Jersey flights
- Single supplement
- Gratuities
- Personal expenses
- Lunch and dinner on day 7
- Visas (if applicable)
- Personal travel insurance
- Optional tours and activities

Approx. 2025 costs

15 x participants - £1,645 (plus taxes)

20 x participants - £1,575 (plus taxes)

25 x participants - £1,475 (plus taxes)

Please note airport taxes and fuel surcharges are not included in the above (currently approx. £450-£500).

Our pricing policy

We believe that we are very competitive and offer excellent value for money. However, it can be confusing when comparing prices, a small alteration in an itinerary, can make a substantial difference. We would be happy to review proposals you may have received from other tour operators, as we are confident that we can beat any genuine quote.