

Brazil Green Coast Bike

Brazil, bike along the most amazing roads you will ever see



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Bike along one of the most amazing roads you will ever see!

Bike along one of most amazing roads you will ever see. The Atlantic Green Rain Forest on one side and the Atlantic Ocean on the other, with views of the most beautiful beaches and islands of Brazil.

The Rio to Santos Road has become famous for its coastal line linking the coast of Rio de Janeiro to São Paulo. The road lies between the sea and the Atlantic Forest with some of the most beautiful beaches and islands of the Brazilian Coast to your right and the Ever Green Atlantic Forest to your left.

This incredible challenge finishes in Rio de Janeiro, where we will celebrate our achievements. We then discover how Brazilian's like to party with a little bit of Samba thrown in - something not to be forgotten!



Detailed itinerary

Day 1: Depart UK to Rio de Janeiro, Brazil

Depart London for flight to Rio. We arrive into Rio in the evening and transfer to a hotel not far from the infamous Copacabana beach.

Day 2: Rio de Janeiro to Maresias

After an early breakfast the group will transfer to Maresias which is located right in front of the Archipelago of Alcatrazes. Maresias is known internationally for its excellent waves, where several surf championships have taken place. Overnight in our hotel where we meet our guides and hear more about the challenge ahead.

Day 3: Maresias to Caraguatatuba (56km)

The day we've all been waiting for! Just over 56km and we'll arrive into Caraguatatuba which became a province in 1857, and by law became a "Estancia Balneária" in 1957. In 1927, the São Sebastião Farm, created changes in the general situation of Caraguatatuba, that culminated to give the city the status of "Estancia Balneária" (place to spend the weekend). The cycling today won't be easy but we will be rewarded with some of the best views Brazil has to offer. Overnight in a pousada (guesthouse).

Day 3: Maresias to Caraguatatuba to Ubatuba (54km)

After a hearty Brazilian breakfast, we'll get back onto our bikes for another tough but outstanding day. We follow the undulating coastal roads to Ubatuba, a town that played its part in some important moments in Brazil's history. The Tupinambás Indians were the first inhabitants of this area, were excellent fishermen, living in peace with other Indians until the Portuguese and the French tried to dominate them. The Tupinambas and the Tupiniquins organised themselves and formed the Tamoios Confederation (Tamoio means landowner), and they started to confront the Portuguese and the French. Overnight at the Hotel Ubatuba Palace.



Day 4: Ubatuba to Paraty (75km)

Straddle your saddle and begin peddling; today we'll ride a beautiful section of the Santos Road. From Ubatuba (by law, seen as the surf capital of São Paulo State) we follow the winding coast road with some long ascents and descents before reaching Paraty, surrounded by many parks and natural preserves (including the Serra de Bocaina).

When entering Paraty it will feel as though we've stepped back in time. Cars are prohibited from the historical centre to preserve the natural beauty of this city. Overnight in a pousada.



Detailed itinerary

Day 6: Paraty to Angra dos Reis (95km)

From the old colonial town of Paraty we head along the lush green corridor of the 'Costa Verde' (Green Coast) to Angra dos Reis (Kings Creek). Angra dos Reis is one of the most beautiful places in Brazil, offering 365 islands, one for each day of the year, and 2000 beaches. Today the cycling will be tough but rewarding. Overnight in a pousada.

Day 7: Angra dos Reis to Mangaratiba to Rio de Janeiro (65km)

The final day of this epic cycle challenge following the coast road to Mangaratiba and then onto the bustling city of Rio de Janeiro. Tonight we will celebrate our achievements with a special gala dinner at a local restaurant within walking distance of the beach. We then discover how Brazilian's like to party with a little bit of Samba thrown in - something not to be forgotten!

Day 8: Rio to London

A free day to enjoy the sights of Rio and take in its majestic beauty, with built-up areas nestled between a magnificent bay and dazzling beaches on one side and an abruptly rising mountain range, covered by a luxuriant tropical forest, on the other. Rio is the only city on earth with a tropical rain forest inside the city limits. In the afternoon, transfer to Rio airport for the flight back to the UK.

Day 9: Arrive London

Challenge grade

Tough

Best time of year

April to October

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This itinerary is complex and subject to change

