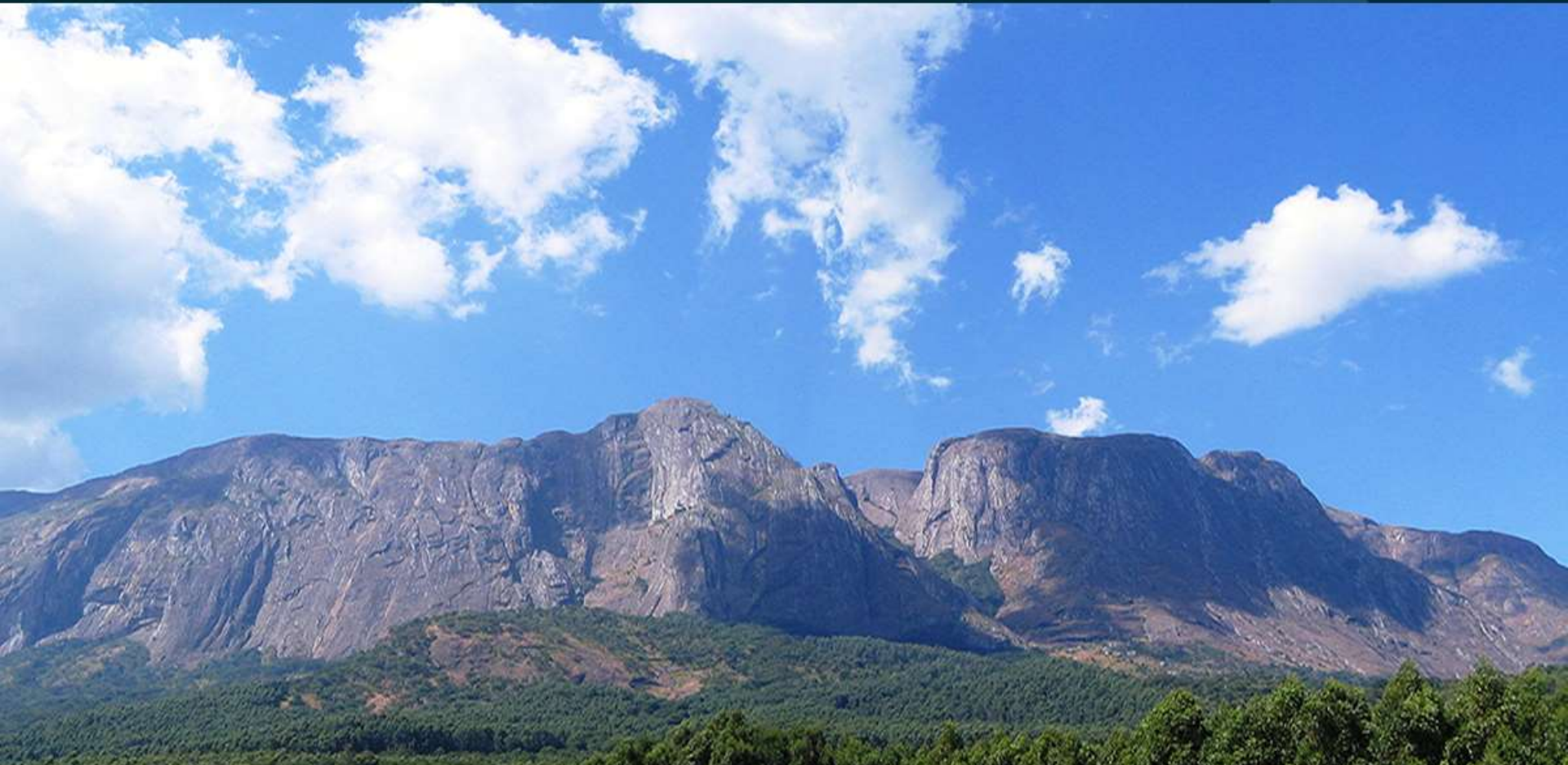


Mount Mulanje Trek

Malawi, trek South-Central Africa's highest mountain



Ultimate Challenges

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Mulanje Mountain Trek

Conquer South-Central Africa's highest mountain

Malawi is one of Africa's smallest countries and is described as the 'warm heart of Africa', and whilst we hate to generalise, Malawians really do seem to be among the friendliest people you could meet anywhere.

Mulanje Mountain is located about 100kms south – east of Blantyre. This Massif is South Central Africa's highest Mountain. Mulanje is a huge block of mountains rising to 3000m above a largely flat plain.

The highest peak being Sapitwa, often sits above the mist that frequently surrounds the upper slopes giving the mountain one of its local names, 'Island in the Sky'.

Mount Mulanje is among the most majestic sights to behold in Malawi. Stunning scenery, numerous peaks and deep-forested ravines makes this a true trekking adventure.



Detailed itinerary

Day 1: Depart London to Blantyre

Day 2: Blantyre to Mount Mulanje

On arrival we will be met by our guides and transferred 2 hours to Mulanje where we will have an overnight stay at Likhubula CCAP House, located at the base of Mulanje Mountain and set in beautiful grounds. This evening you will have a trek briefing followed by dinner.

Day 3: Base of Mount Mulanje to Chisepho, 7hrs

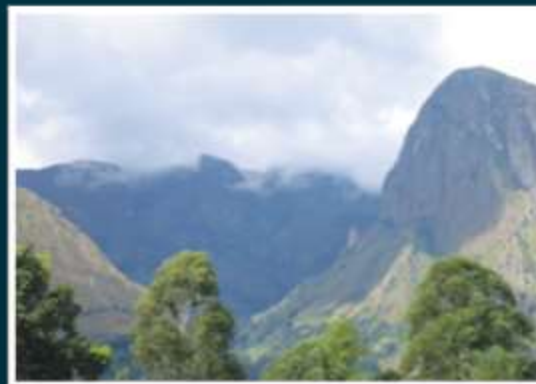
After an early breakfast we will meet our porters and make our final preparations for the challenge ahead. We start this epic hike on Mulanje Mountain by ascending to Chisepho Valley up the Chapaluka path. The route offers scenic views of the Likhubula and Thuchira Gorges but also provides shade for much of the route and the opportunity for several refreshing stops for swimming in a number of small pools along the Chapaluka Stream. The overnight hut at Chisepho is spacious with a wide verandah for sleeping.

Day 4: Sapitwa Peak, 5-6hrs

After breakfast we ascend Sapitwa, standing at 3003m it is the highest peak in South-Central Africa. This does involve some scrambling but worth it for the spectacular views over Malawi's surrounding plains and tea-growing plantations. We then return to Chisepho for the second night.

Day 5 – Chisepo to Thuchila Forest, 3-4hrs

Today it's a more gentle trek on to our overnight forest hut in the Thuchila basin. Tonight there is the opportunity to watch an amazing sunset at Elephant head view point just a 15 minute walk from the mountain hut before retiring to bed.



Day 6 – Thuchila Forest – Tinyade-Blantyre, 6hrs

The final day of our trek! This morning we descend to our pick up point at Tinyade via the fairly shaded and well weathered Lukulezi path. We will then be transferred to our Hotel in Blantyre. After freshening up, we will enjoy a gala dinner to celebrate our incredible achievement.

Day 7- Depart for UK

After breakfast we will have a short transfer to Blantyre airport for our flight back to the UK.

Day 8 – Arrive UK

Itinerary complex and subject to change
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Challenge grade

Tough

Best time of year

May to October

Why choose Ultimate Challenges?

- We have over 16 years experience running pioneering charity challenges e.g. Kilimanjaro , the Inca Trail, California Bike
- We choose the most unexplored and upcoming regions for our amazing expeditions
- We are built on a team of Senior Event fundraisers
- Our team is driven to provide inspiring, life changing and effective fundraising events for our charity partners
- We use the best ground agents, the most experienced trek staff and doctors to ensure your supporters have a safe and memorable challenge
- We operate an Ethical Code of Conduct with all our ground handlers to ensure fair treatment of all our local staff. We have high health and safety expectations and all our partnerships are conducted with respect for local cultures and environmental concerns
- We offer an end-to-end service to ensure our charity partners are given full support from our experienced staff ensuring you maximize your income

Our pricing policy

We believe that we are very competitive and offer excellent value for money. However, it can be confusing when comparing prices, a small alteration in an itinerary, can make a substantial difference. We would be happy to review proposals you may have received from other tour operators, as we are confident that we can beat any genuine quote

‘ Choose your Tour Operator with your head, so your supporters can follow their hearts when they travel’



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