Sierra Nevada Trek

Conquer the highest mountain in Spain



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Conquer Spain's Highest Mountain - Mulhacen 3,482m

Sheltered valleys, lush green gorges, winding watercourses, cultivated terraces and highmountain villages - are the beautiful foothills of the Sierra Nevada. Las Alpujarras are located 90 minutes east of Malaga Airport, in the province of Granada, in Andalucía, southern Spain. To the north of Las Alpujarras lie the majestic snow-capped peaks of the Sierra Nevada. To the southwest lie the dramatic dolomite mountains of the Sierras de Los Guájares. And, to the south lie the wild landscapes of the Sierras Lujar and Contraviesa running all the way to the Mediterranean coast.



Historically, until the late 15th century, Las
Alpujarras were the last Moorish stronghold in
Spain. Evidence of this still stands today, with the
remains of Moorish castles and palaces
dominating the hillsides and villages. Las
Alpujarras are popularly characterised by their
picturesque whitewashed mountain villages
clinging to the hillsides and steeped in the
traditions and culture of earlier generations. The
intricate networks of cobbled alleys, mud and clay
homes, roof terraces laden with peppers and corn
drying in the sun, and the jumbled existence of
people, pets, chickens, goats and donkeys are a
delight to discover

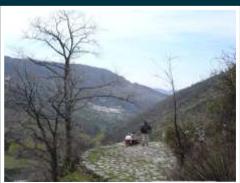
This is a fantastic weekend full of adventure in a hidden region of Spain, with a tough peak to bag, Spain's highest mountain - Mulchacen at 3428m!

Detailed itinerary

Day 1: Depart London on a flight to Malaga

On arrival we transfer from the airport and travel to the village of Capileria (1,450m) in the heart of the Alpujarras, and at the foothills of the Sierra Nevada. After checking into our hotel and dinner, we will have our trek briefing about the adventure ahead and enjoy wonderful Spanish hospitality.





Day 2: Capileira (1,450m) to Refuge Poqueira (2500m), 5-6 hrs

After a typical Spanish breakfast we set off for the next stage of the trek. We leave Capileira, one of Spain's highest villages (at around 1,450m) where we follow the Poqueira Gorge and head up into open mountain terrain above the tree line. This is where we will get our first peak at Mulhacen (3,482m). As we reach the refuge (2,500m) nestled in a protected area much of the area looks barren from a distance; however up close you will see its rich with flowers, woods, springs and streams. Here we can relax, enjoy a drink and a wholesome evening meal and look forward to the challenge tomorrow. Accommodation in the refuge is in dormitories with bunks.

*Please note that people need to carry spare clothes, toiletries, etc. for the overnight stay at the refuge in their day packs.

Day 3: Refuge (2,500m) to Mulhacén (3,482m) to Granada (1,500m), 7 – 9hrs

We leave the refuge and aim to reach the highest summit of the range and of Spain's mainland, Mulhacén (3,482m). Here we have an ascent of 3½ from the refuge. When we reach the summit we will have spectacular views of the Sierra Nevada range and the beautiful city of Granada. We will then go westwards, descending to the Mountain Lake, La Caldera at 3,000 metres and follow the ridge across the north side of the Sierra Nevada, reaching the ski station of Prado Llano. From here we get transport down to Granada (35kms). Tonight we will toast our achievements with celebratory drinks and dinner. Then the fun can really begin - a chance to explore the city by night for those with enough energy

Day 4: Depart Malaga to London

Before our flight to the UK, we may have an opportunity to explore the cultural delights of Granada – if you only see one city in Spain it should be Granada! Transfer to Malaga airport for direct flight to the UK.

© Ultimate Challenges Itinerary complex and subject to change

Why choose Ultimate Challenges?

- We have over 16 years experience running pioneering charity challenges e.g. Kilimanjaro, the Inca Trail, California Bike
- We choose the most unexplored and upcoming regions for our amazing expeditions
- · We are built on a team of Senior Event Fundraisers
- · Our team is driven to provide inspiring, life changing and effective fundraising events for our charity partners
- We use the best ground agents, the most experienced trek staff and doctors to ensure your supporters have a safe and memorable challenge
- We operate an Ethical Code of Conduct with all our ground handlers to ensure fair treatment of all our local staff. We have high health and safety expectations and all our partnerships are conducted with respect for local cultures and environmental concerns
- We offer an end-to-end service to ensure our charity partners are given full support from our experienced staff ensuring you maximise your income

Our pricing policy

We believe that we are very competitive and offer excellent value for money. However, it can be confusing when comparing prices, as small alterations in an itinerary, can make a substantial difference. We would be happy to review proposals you may have received from other tour operators, as we are confident that we can beat any genuine quote.

'Choose your Tour Operator with your head, so your supporters can following their hearts when they travel'





