

Ireland Trek

Conquer the Emerald Isle in just two days



Ultimate Challenges

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The Kerry Way, Ireland

Exploring by foot the Heart & Sole of Ireland in just 2 days!

Ireland is the third largest island in Europe and the twentieth largest in the world and is situated in the Atlantic Ocean and separated from Great Britain by the Irish Sea.

Stretching out into the Atlantic Ocean, the Iveragh Peninsula has a backbone of mighty mountains. Every environment is here, from the snow-capped Corrán Tuathail, Ireland's loftiest peak, through woodland and blanket bog, to the sandy beaches of the coast. The warm waters of the Gulf Stream ensure a mild climate all the year round. Sub-tropical plants grow quite happily here - adding marvellous splashes of colour to the countryside.

Our finish line is in Killarney. Where we will celebrate our achievements after our tough physical effort over the past two days!



Detailed itinerary

Day 1: Depart UK to Cork, Ireland

Depart London on a flight to Cork. On arrival we are transferred to Glencar a typical Irish village, located in County Kerry, above Caragh Lake, within the Ring of Kerry. After dinner, and the first taste of the real Ireland we will hear about the challenge ahead.

Day 2: Glencar to Black Valley

Approx. 13 miles/21km trekking

We set off after a good hearty breakfast and walk past Lough Acoose, the starting point for a memorable circuit of Ireland's highest mountain, Carrauntuohill. Continue past the Lough and isolated farms to walk up through the Reeks on the old lack road and into the isolated Bridia Valley. Climb out of the valley via a second mountain pass through wild and rugged hills descending into the Black Valley directly underneath Ireland's highest mountains.

Day 3: Black Valley to Killarney

Approx. 14 miles/22.5km, trekking

Our final day leads out of the Black Valley and back into the Killarney National Park. We will walk past the Upper Lake of Killarney, a site of one of Ireland's unusual flora, the Strawberry Tree and continue to Lord Brandon's Cottage into the Derrycunihy Forest; an ancient oak woodland that is currently fighting a battle with the Rhododendron that is threatening to choke out the indigenous flora!

Our final part of the route then joins up with Galway's Bridge, where we follow the old Kenmare road past Muckross House to Killarney.



Tonight we will experience true Irish hospitality starting with our traditional celebration. After this a visit to one of the lively pubs with traditional Irish Music would be a great way to wrap up the trip.

Day 4: Cork to London

We have a free morning to explore Killarney and the surrounding area. Ross castle is nearby and worth a visit along with the nearby national park.

In the afternoon we will transfer back to Cork Airport for our flight to London.



Why choose Ultimate Challenges?

- We have over 16 years experience running pioneering charity challenges e.g. Kilimanjaro , the Inca Trail, California Bike
- We choose the most unexplored and upcoming regions for our amazing expeditions
- We are built on a team of Senior Event Fundraisers
- Our team is driven to provide inspiring, life changing and effective fundraising events for our charity partners
- We use the best ground agents, the most experienced trek staff and doctors to ensure your supporters have a safe and memorable challenge
- We operate an Ethical Code of Conduct with all our ground handlers to ensure fair treatment of all our local staff. We have high health and safety expectations and all our partnerships are conducted with respect for local cultures and environmental concerns
- We offer an end-to-end service to ensure our charity partners are given full support from our experienced staff ensuring you maximise your income

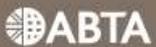
‘ Choose your Tour Operator with your head, so your supporters can follow their hearts when they travel’



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