Annapurna trek

Nepal, trek the foothills of the Annapurna Range

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Trek through the stunning Annapurna region of the Himalaya

Visit this stunning ancient kingdom and trek among the world's highest mountains.

The charm of Nepal is that it is largely without roads and access is only limited to ancient trails linking isolated villages where life and customs have changed little over centuries. Only on foot can you discover the true nature of the country.

This six day challenge takes place in the shadow of the breath-taking Annapurna range, offering an unforgettable journey through the rolling foothills of a region that offers some of the finest trekking in the whole of Nepal.

DAY 1:
London Heathrow
We have an early evening flight from London Heathrow to Kathmandu, Nepal.

DAY 2:
Kathmandu
We arrive in Kathmandu mid afternoon and transfer to the hotel where we have our trek briefing about the adventure ahead. Our hotel is situated on a hillside and there are great views from the terrace looking across the city and to the Himalaya in the distance.

DAY 3:
Kathmandu – Pokhara
This morning we will transfer west of Kathmandu on our scenic six-hour drive to Pokhara, where there will be a chance to explore for a couple of hours. We will spend the night at a hotel in Pokhara near the stunning Phewa Lake.

DAY 4: 3-4HRS TREKKING
Pokhara – Bajung
After breakfast in the hotel, we have a short one hour drive to the start of our trek in the small village of Dimuwa, on the banks of the Modi Khola. After lunch we begin our trek mostly uphill to our camp at Bajung (2100m).

DAY 5: 6-8HRS TREKKING
Bajung – Pati Bhanjang
This morning we continue our ascent towards the ridgeline. Crossing the ridge, we meet the main route from the town of Kusma far below to the south. There are marvellous views into the lower reaches of the Kali Gandaki Valley and line after line of foothills fading into the haze. In the afternoon we trek through open farming country and camp at a pass under Poon Hill known as Pati Bhanjang (2650m).
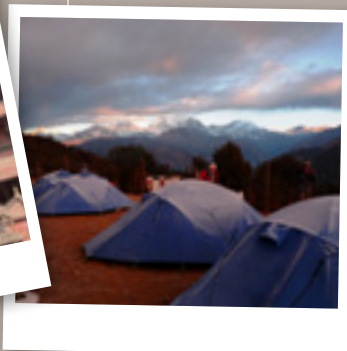
DAY 6: 5-7HRS TREKKING

Pati Bhanjang – Ghorepani

Our route today offers one of the finest day's trekking in Nepal as we climb up high onto the western flanks of Poon Hill. As we reach this particular high point we see Annapurna I, Fang, Annapurna South and Machapuchare ('the fishtail') to the north. We continue hiking to the summit of Poon Hill and the highest point on our trek reaches 3150m. The trail then leads us to our camp in the village of Ghorepani (2855m).

DAY 7: 5-7HRS TREKKING

Ghorepani - Tadapani

Our trail now turns south-east as we ascend to cross the Deurali Pass. From the top of the pass, we see more fantastic views of the Annapurna and Dhaulagiri Himals. We then have a long, steep descent to the lunch stop in the Burung River Valley. In the afternoon we have a steep hike out of the valley, followed by 'nepali flat' (this tends to be a lot of up and down!), before we reach our overnight camp at Tadapani (2800m).

DAY 8: 6-8HRS TREKKING

Tadapani - Syaule Bazaar

We have a 3 hour descent that brings us to the important village of Ghandruk - traditionally a centre for the recruitment of British Ghurkhas. It is also the headquarters of the Annapurna Conservation Area Project. We have lunch in the village and will have time to explore its network of narrow alleyways before continuing our hike south to follow the line of the Modi River. We camp overnight outside Syaule Bazaar (1300m).

DAY 9: 2HRS TREKKING

Syaule Bazaar – Kathmandu

Our final day of trekking, we start the day by heading down a rough and rocky trail to the banks of the Modi River and the picturesque village of Birethanti, from here we meet our drivers to take us back to Pokhara for lunch. After lunch, we take a short flight to Kathmandu, and back to the hotel to celebrate our achievements.

DAY 10:

Kathmandu

We have a free day to explore Kathmandu before transferring to the airport for the overnight flight back to London.

DAY 11:

Arrive London