

Mount Olympus Trek

Summit the highest mountain in Greece



Ultimate Challenges

T: 020 3642 9830
events@theultimatetravelcompany.co.uk
www.ultimatechallenges.co.uk

Mount Olympus Challenge

Conquer Mount Olympus' highest Peak

Mount Olympus reaches 2917m into the sky and is the highest point in all of Greece. It is the mystical home of the ancient Greek Gods and is situated in Greece's oldest and most carefully protected national park. It was from the steep, rocky summit of Mount Olympus that Zeus hurled thunderbolts against mankind. Today the national park has an extensive concentration of flora and fauna, and boasts dozens of endemic species of flower as well as some endangered birds and butterflies.

Our trekking challenge takes us through good forest paths, grassy uplands to Mitikas at 2917m, Mount Olympus' highest peak, where we, like Zeus, can survey the world and enjoy views described as 'fit for the gods!'



Detailed itinerary

Day 1: Depart London to Thessaloniki

Upon arrival in Thessaloniki, we will be met by our guides and transferred by bus to our hotel in the Litohoro village at the foot of Mount Olympus. Time permitting, we may have the opportunity to explore the village, visiting the natural river pools of Vithos at the end of Enipeas gorge. In the evening we will have a traditional Greek dinner at a local taverna, meet all our guides and have a full trekking briefing about our challenge ahead.

Day 2: St. Dionisiois to Spilios Agapitos 5-6hrs

After an early breakfast we'll be transferred to the old monastery of St. Dionisios. From here we begin our challenge. We enter the Enipeas Gorge, where we'll see small waterfalls and river pools with crystal clear waters, a variety of woodland birds and flowers as we trek through shady beech and fir forests. The climb is steady as we reach Prionia at 1000m after approx. 1-2 hours. Our path continues past another waterfall and we ascend up to 2100m to our refuge of Spilios Agapitos after 3-4 hours trekking, where we will spend the night.

Day 3: Mount Olympus ascent

Spilios Agapitos - Skala – Skolio – Mitikas - Spilios Agapitos, 6-7hrs

Another early start! Our summit ascent begins soon after breakfast. This is a long, rugged trek today as our path continues up the cliffs to Skala at 2882m and then the top Skolio at 2911m. From here we'll make the optional side-trip to Mitikas 2917m, Greece's highest peak. This involves some tough scrambling, but the hard climb will be more than worth it when we reach the top, as the views are spectacular on a clear day. After a well-earned rest and some celebration photos we will begin our descent back down to Spilios Agapitos where we will spend a second night.



Day 4: Plateau of the Muses, 5hrs

After breakfast we'll leave the refuge towards the Plateau of the Muses and on to the second refuge of Yiosos Apostolidis at 2,700 m. The dramatic peak of Stefani, the throne of Zeus, dominates the plateau. After resting for a while we'll begin our descent to Diastavrosi, from here we'll be transferred back to our hotel in Litohoro. In the evening we end our trek at a local tavern, enjoying traditional Greek food and wine at our celebration Gala Dinner.

Day 5: Thessaloniki to London

We will have breakfast in the hotel before transferring back to the airport for our flight back to the UK.

© Ultimate Challenges Itinerary complex and subject to change



Why choose Ultimate Challenges?

- We have over 16 years experience running pioneering charity challenges e.g. Kilimanjaro , the Inca Trail, California Bike
- We choose the most unexplored and upcoming regions for our amazing expeditions
- We are built on a team of Senior Event Fundraisers
- Our team is driven to provide inspiring, life changing and effective fundraising events for our charity partners
- We use the best ground agents, the most experienced trek staff and doctors to ensure your supporters have a safe and memorable challenge
- We operate an Ethical Code of Conduct with all our ground handlers to ensure fair treatment of all our local staff. We have high health and safety expectations and all our partnerships are conducted with respect for local cultures and environmental concerns
- We offer an end-to-end service to ensure our charity partners are given full support from our experienced staff ensuring you maximise your income

Our pricing policy

We believe that we are very competitive and offer excellent value for money. However, it can be confusing when comparing prices, as small alterations in an itinerary, can make a substantial difference. We would be happy to review proposals you may have received from other tour operators, as we are confident that we can beat any genuine quote.

‘ Choose your Tour Operator with your head, so your supporters can follow their hearts when they travel’



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ABTA
ABTA No. W0745