Iceland Trek

Iceland, trek to the Northern Lights





Ultimate Challenges

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Iceland Trek Trek the spectacular Icelandic landscape and spot the bright, dancing Northern Lights

Iceland rests on the edge of the Arctic Circle and sits on top of one of the world's most volcanically active hotspots. Discover the stunning scenery of Iceland on this fantastic trekking challenge in the southern region of Hveragerði as we trek through a striking mix of geothermal valleys and beautiful mountain scenery, streams and waterfalls.

Iceland hosts some of Europe's greatest wilderness areas, which are home to active volcanoes, sheer granite mountains, glaciers, thundering waterfalls, steaming lava fields, plunging fjords, boiling mud pools and spouting geysers.



Many naturalists describe it as one of the Seven Wonders of the Natural World and is one of the most volcanically active spots on Earth.

Each evening we will look out for the spectacular Aurora Borealis (Northern Lights). The bright, colourful displays appear in many colours, although pale green and pink are the most common, shades of red, yellow, green, blue, and violet have also been reported. The lights appear in many forms from patches or scattered clouds of light to streamers, arcs, rippling curtains or shooting rays that light up the sky with an eerie glow. Certainly a sight not to be missed!



Detailed itinerary

Day 1: Depart London to Keflavik

Depart London on our flight to Keflavik. On arrival we will be met by our guides and transferred to our hut in Úlfljótsvatni, This area is a haven for hiking, and we will be able to witness the beauty of this area from the moment we arrive. Tonight we will hear all about the wonderful challenge ahead and have our first opportunity to look out for the Aurora Borealis (Northern Lights)!

Day 2: Trek the shores of Pingvallavatn 4-6hrs trekking

The first day of our challenge! Today we explore the region to the north of the village. After leaving Úlfljótsvatn we start our hike along the shores of pingvallavatn along old sheep trails and horse paths. Our trek passes a number of hot spots. In the afternoon we start to head west back down to Úlfljótsvatn. Overnight mountain hut in Úlfljótsvatn and another opportunity to spot the Aurora Borealis.

Day 3: Hike the Sauoardalur Valley 4-6hrs trekking

Today we explore the region to the west of Hveragerði. We spend the day trekking over rolling hills and valleys and. In the afternoon we descend down into the Sauoardalur valley and transfer back to Úlfljótsvatn for another exciting evening of spotting the Aurora Borealis.Overnight mountain hut.

Day 4: Trek the valley of Solfataras, 4-6hrs trekking

The final day of our challenge. Today we are transferred to the start of our trek at Reykjadalur, where we start our climb up the hills into the magical valley of solfataras and the hot springs. Those brave enough can dip into a natural pool before continuing on towards the Nesjavellir area where the bus awaits to take you to Reykjavík. On finishing our trek we will be transferred to a local restaurant for a delicious traditional Icelandic gala dinner. After dinner we are transferred back to Reykjavík, looking out for those magical Northern Lights. Overnight hotel.

Day 5: Reykjavik to London

Today we transfer to the airport for our flight back to London.

Challenge grade

Moderate to tough

Best time of year

Late October/early November and late February/early March



Breakdown of Costs – Iceland Northern Lights Trek

Included

- Scheduled international return flights
- All internal transfers
- Local English speaking guides
- Shared accommodation in mountain huts on trek and guesthouse/hotel on the final night
- Full board
- Celebration dinner on the final night
- UK Expedition Leader*
- UK Doctor*

* Dependent on number of participants taking part

Not Included

- Airport taxes and fuel surcharges
- Single supplement
- Gratuities
- Personal expenses
- Personal travel insurance

Our pricing policy

We believe that we are very competitive and offer excellent value for money. However, it can be confusing when comparing prices, a small alteration in an itinerary, can make a substantial difference. We would be happy to review proposals you may have received from other tour operators, as we are confident that we can beat any genuine quote.