

Great Wall trek

China, trek the Great Wall for 5 days



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China Great Wall Trek

Trek the awe-inspiring Great Wall of China

Experience the most astounding chain of castles to be found anywhere on earth by trekking along a part of The Great Wall of China. China is a land of towering mountains and epic landscapes – background scenery to the fall of dynasties, the rise of emperors and the turning of the revolutionary wheel.

The Great Wall was started by the Qin Dynasty 2000 years ago. 10 years of labour by hundreds of thousands of workers laid the foundations for what we see today. During the Ming Dynasty (c1420) the project was revived for a further 100 years at the cost of many lives. What was once a symbol of tyranny is now the nations leading attraction, a landmark that has been quoted as being the only manmade structure visible from space.

This spectacular five day trek is one not to be missed as we take challenging steps on this stunning structure, witnessing China's fascinating culture, intriguing history and beautiful scenery.



Detailed itinerary

Day 1: UK to Beijing, China

Depart London on an overnight flight to Beijing.

Day 2: Arrive in China

Upon arriving in Beijing, we are transferred to Miyun County overnight in the Impression Lodge.

Day 3: 4-5hrs trekking Jinshanling Great Wall

Our Great Wall Challenge begins on the Jinshanling Great Wall, which is one of the best preserved parts of the wall with many original features. Dating back to the Ming Dynasty this section of the wall is also one of the most unusual sections with watchtowers every 100 metres. Jinshanling Great Wall may be the most challenging part of the trek as it is quite steep in places with loose rocks and uneven steps - this is where aerobic exercise really comes into its own! Overnight Gubeikou Village.

Day 4: 6-8hrs trekking Gubeikou Great Wall

This morning we start our days trekking from the village of Gubeikou. The Gubeikou section of the Great Wall is situated along the Yanshan Mountain Range about 65 miles from Beijing. In Mongol times the northern gateway to the capital. Today we will see stunning rural scenery of the Wild Wall section of the Great Wall. Here, long sections of wall stride across the region's lofty mountain ranges with Mongolia on one side and China on the other. Wild Wall territory is remote, lonely, unspoilt and overgrown in places. This is the true highpoint of the trek. Overnight Shuangyang Hotel.



Day 5: 4-5hrs trekking Mutianyu Great Wall

Mutianyu was one of the first sections of the Great Wall to be recognised by UNESCO as a World Heritage Site. This morning the trek commences through cultivated fields and trees as we climb up to the wall. This morning is very undulating on uneven surfaces but spectacular views. After lunch we continue along the un-renovated wall to our finish point where we will be collected and transferred to our overnight accommodation at Nature Times Hotel near the Ming Tomb Reservoir.



Detailed itinerary

Day 6: 4-5hrs trekking

Huanghuacheng Great Wall

Huanghuacheng's Great Wall area is beautiful, combining mountains, lakes, and ancient Great Wall of legendary solidity. Today's trekking is challenging with some very steep step sections. In places there are also no sides to the wall so there is a great feeling of exposure. In the afternoon we will be trekking along gravelly paths between the bushes and trees which are now growing there before our final trek back to the village. From here we transfer back to Nature Times Hotel.

Day 7: 5-6hrs trekking

Badaling Great Wall

There is a short transfer to the quiet parts of Badaling Great Wall. The first part of today's trekking is demanding. All of this section of the wall is now renovated with lots of steep steps up. Today's trek is steep in places, but the splendid views are well worth our efforts. The trekking finishes with a challenging descent on smooth paved stones before travelling back to Beijing (approx. 2hrs). Overnight in Beijing city.



Day 8: Free day in Beijing

For those who want, there is an optional (not included) special guided tour of one of the world's most ancient cities. You will visit The Forbidden City and Tiananmen square, a tour of Hutong (old streets) with a rickshaw ride and lunch with a local family and a local market. Tonight we will have a special Beijing Peking Duck Dinner to celebrate our achievements. Overnight in Beijing city.

Day 9: Departure Day

Transfer to airport for onward flight to London.



Challenge grade

Moderate

Best time of year

March – June, Sept- October

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This itinerary is complex and subject to change

