

Great Wall trek

China, trek the Great Wall for 5 days



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Trek the 2000 year old great wall of china

China is a land of towering mountains and epic landscapes – background scenery to the fall of dynasties, the rise of emperors and the turning of the revolutionary wheel.

This spectacular 5 day trek is one not to be missed as we take challenging steps on this stunning structure, witnessing China's fascinating culture, intriguing history and beautiful scenery.

Extensive renovation of parts of the wall started in 1957 where it was discovered that the Great Wall is the only Man made phenomenon visible from outer space!



DAY 1: Depart UK to Beijing, China

Depart London on an overnight flight to Beijing.

DAY 2: Arrive in Beijing

Upon arriving in Beijing, we are transferred to Miyun County for 2 nights at a local hostel.



DAY 3: 5-7HRS TREKKING Black Dragon Pool Park

Today we will trek through extremely remote and spectacular scenery. The first hour will be amongst Chinese tourist attractions, but then, we embark on a further 4 hours through gorges with waterfalls and pools, which have previously been inaccessible to the public. After lunch we then follow back down the gorge to a section of the Wild Wall we will walk partly on and off to descend back down to the coach. The trek is steep in places and tough going, but is punctuated with stunning scenery in the sky and parts of the Great Wall not seen by man since the Mongols!



DAY 4: 5-7HRS TREKKING Gubeikou Great Wall

This morning we have a short transfer to the village of Gubeikou our trekking destination for today. The Gubeikou section of the Great Wall is situated along the Yanshan Mountain Range. Situated about 65 miles from Beijing it was in Mongol times the northern gateway to the capital.

We depart Gubeikou in the direction of Jinshanling. We will see stunning rural scenery of the Wild Wall section of the Great Wall. Here, long sections of wall stride across the region's lofty mountain ranges with Mongolia on one side and China on the other. Wild Wall territory is remote, lonely, unspoilt and overgrown in places. This is the true highpoint of the trek. Tonight we stay at Jinshanling Lodge, which is within walking distance of Jinshanling Great Wall where we finish today.



DAY 5: 4-5HRS TREKKING
Jinshanling Great Wall

Jinshanling Great Wall is one of the best preserved parts of the wall with many original features. Dating back to the Ming Dynasty this section of the wall is also one of the most unusual sections with watchtowers every 100 metres. Jinshanling Great Wall may be the most challenging part of the trek as it is quite steep in places with loose rocks and uneven steps - this is where aerobic exercise really comes into its own! When we reach the Simitai Great Wall we retrace our steps (as the Simitai Great Wall is closed for renovations), before transferring to a local hostel in Hairou County.

DAY 6: 3-5HRS TREKKING
Mutianyu Great Wall

This morning we continue through the stunning rural countryside to Mutianyu, where you will see the local communities, who are subsistence farmers working their fields of crops and fruit trees. Mutianyu was one of the first sections of the Great Wall to be recognised by UNESCO as a World Heritage Site. The challenge today is to trek up to Heavenly Ladder, a very steep ascent to the high viewing platform, where the views are incredible! From here we will transfer to Juyongguan Great Wall.

We stay overnight at the Juyongguan Hotel, which is just at the foot of the Wall. Those who want to do a bit more of trekking today may have the option of a circular trek on the Wall of Juyongguan.

DAY 7: 5-6HRS TREKKING
Badaling Great Wall - Beijing

This morning there is a short transfer to the quiet parts of Badaling Great Wall. The first part of today's trekking is demanding. Most parts of this Wall section are un-renovated, and the terrain is not easy due to parts of the Wall being worn down over the centuries. But the splendid views are well worth our efforts. The trekking finishes with a challenging descent, before travelling back to Beijing to celebrate our achievements with a special Beijing Roast Duck Dinner.

DAY 8:
Free day in Beijing

Today we will reward ourselves with a guided tour of downtown Beijing. We will explore the Old Imperial Palace known as the Forbidden City, and also the Temple of Heaven, where the emperors used to worship Heavenly Gods and prayed for good harvests. You will also have the chance to do some last-minute shopping at some of the local markets.

DAY 9:
Depart Beijing

Transfer to airport for departure. Arrive London the same day.

