

Bulgaria Trek

Trek the Transbalkan Mountains in three days



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Trans Balkan Mountains Trek, Bulgaria

Bulgaria, a Balkan country with spectacular mountains and a coastline on the Black Sea, was part of the Ottoman empire for around 500 years, although the Orthodox tradition remained strong.

It borders five countries, Romania to the North, Serbia and the Republic of Macedonia to the West, and Greece and Turkey to the South.

This stunning trek in the Plovdiv and Rodopi mountains lets you explore ancient villages, caves, forests and lakes.

Amazing ancient rock formations are our companions every day!



Detailed itinerary

Day 1: London to Sofia

Fly from London to Sofia and transfer to Devin for overnight in hotel and a trek briefing about the adventure ahead.

Day 2: Devin to Yagodina cave to Trigrad 5-7hrs trekking

Transfer to Yagodina Cave (the longest cave in Bulgaria) for a short tour. Following the visit we walk up to Yagodina village where you can climb up to the panoramic sky bridge 'Eagle's eye'. The route continues to Trigrad village passing above the cliffs of the stunning Trigrad gorge. Overnight in Trigrad.



Day 3: Circular walk via Chairski Lakes back to Trigrad 5-6hrs trekking

From Trigrad village we walk through alpine meadows and old forests to Chairski Lakes, a group of 9 glacial lakes.

We then continue downstream through the deep rocky valley of Livadnitsa river. We return through the stunning Trigrad gorge and have time to visit the Devil's Throat Cave. Overnight in Trigrad.



Day 4: Liaskovo to Miraculous Bridges to Chepelare 5-6hrs trekking

We start the morning with a short transfer to Liaskovo village where we then start trekking to Skalnite Mostove through century-old coniferous woods and hidden meadows. We then continue to visit the Miraculous Bridges, an amazing rock formation probably caused by the collapse of an ancient cave network, before transferring to Chepelare for our gala dinner celebrations.

Day 5: Sofia to London

Transfer to Sofia for the onward flight back to London.

Challenge grade

Moderate - Tough

Best time of year

April to mid June, Mid September to October

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This itinerary is complex and subject to change