

Brazil Green Coast Bike

Brazil, bike along the most amazing roads you will ever see



Ultimate Challenges

T: 020 3642 9830
events@theultimatetravelcompany.co.uk
www.ultimatechallenges.co.uk

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One of the world's most captivating places, Brazil is a country of powdery white-sand beaches, verdant rainforests and wild, rhythm-filled metropolises. Brazil's attractions extend from frozen-in-time colonial towns to otherworldly landscapes of red-rock canyons, thundering waterfalls and coral-fringed tropical island

On this incredible Brazilian biking adventure, we head to the middle of Brazil's Costa Verde – the 350-mile "green coast" between Santos and Rio de Janeiro

We ride over 400km in 5 days, with the Atlantic Green Rain Forest on one side and the Atlantic Ocean on the other, with views of the most beautiful beaches and islands of Brazil.

This incredible challenge finishes in Rio de Janeiro, where we will celebrate our achievements. We then discover how Brazilian's like to party with a little bit of Samba thrown in - something not to be forgotten!



Detailed itinerary

Day 1: Depart UK to São Paulo, Brazil

Arrive São Paulo. Transfer to Maresias which is located right in front of the Archipelago of Alcatrazes. Maresias is known internationally for its excellent waves, where several surf championships have taken place. Overnight in our hotel where we meet our guides and hear more about the challenge ahead.

Day 2: Maresias to Caraguatatuba (56km)

The day we've all been waiting for! Just over 56km and we'll arrive into Caraguatatuba which became a province in 1857, and by law became a "Estancia Balneária" in 1957. In 1927, the São Sebastião Farm, created changes in the general situation of Caraguatatuba, that culminated to give the city the status of "Estancia Balneária" (place to spend the weekend). The cycling today won't be easy but we will be rewarded with some of the best views Brazil has to offer. Overnight in a pousada (guesthouse).

Day 3: Caraguatatuba to Ubatuba (54km)

After a hearty Brazilian breakfast, we follow the undulating coastal roads to Ubatuba, draped with the rich flora of the Mata Atlântica, the peaks of the Serra do Mar provide a dramatic, emerald-green backdrop to the winding Ubatuba coastline. The town played its part in Brazil's history, when the Tupinambás Indians, who where excellent fishermen, living in peace had their lives changed when the Portuguese and the French tried to dominate them. But the Indians where tough and fought hard to keep their land. Now, Ubatuba has become a preeminent resort for well-heeled Paulistanos, with its elegant beach homes and stylish hotels. Overnight at the Hotel Ubatuba Palace.



Day 4: Ubatuba to Paraty (75km)

Straddle your saddle and begin peddling; today we'll ride a beautiful section of the Santos Road. From Ubatuba (by law, seen as the surf capital of São Paulo State) we follow the winding coast road with some long ascents and descents before reaching Paraty, surrounded by many parks and natural preserves (including the Serra de Bocaina). When entering Paraty it will feel as though we've stepped back in time. Cars are prohibited from the historical centre to preserve the natural beauty of this city. Overnight in a pousada.



Detailed itinerary

Day 5: Paraty to Angra dos Reis (95km)

From the old colonial town of Paraty we head along the lush green corridor of the 'Costa Verde' to Angra dos Reis (Kings Creek). Angra dos Reis is one of the most beautiful places in Brazil, offering 365 islands, one for each day of the year, and 2000 beaches. Today the cycling will be tough but rewarding. Overnight in a pousada.

Day 6: Angra dos Reis to Mangaratiba to Rio (65km)

The final day of this epic cycle challenge following the coast road to Mangaratiba and then onto the bustling city of Rio de Janeiro. Tonight we will celebrate our achievements with a special gala dinner at a local restaurant within walking distance of the beach. We then discover how Brazilian's like to party with a little bit of Samba thrown in - something not to be forgotten!

Day 7: Rio to London

A free day to enjoy the sights of Rio and take in its majestic beauty, with built-up areas nestled between a magnificent bay and dazzling beaches on one side and an abruptly rising mountain range, covered by a luxuriant tropical forest, on the other. Rio is the only city on earth with a tropical rain forest inside the city limits.

In the afternoon, transfer to Rio airport for the flight back to the UK.

Day 8: Arrive London

Challenge grade

Tough

Best time of year

April to October

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This itinerary is complex and subject to change

