

Bolivia Trek

Trek this undiscovered part of the Andes in six days



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Bolivia Trek

Discover the undiscovered in the Andes

Straddling the Andes, and twice the size of Spain, the Republic of Bolivia is known as the "Tibet of the Americas". A country of statistical extremes, landlocked Bolivia is the highest and most isolated country in South America. It has the largest proportion of indigenous people, who make up around two-thirds of the population, and is the world's largest producer of tin.

Physically, it's a diverse country: terrain ranges from high plains and snow-capped peaks through temperate lowlands to the jungles of the Amazon Basin - although it's one of only two countries in South America (the other is Paraguay) not to have direct access to the sea. Its diversity means it supports a wide range of wildlife - from jaguars, llamas, sloths and anteaters to chinchillas and condors.

This adventurous and stunning trekking challenge starts in La Paz, Bolivia's administrative centre and the highest capital city in the world! La Paz at 3300m is no ordinary city, lying at the bottom of a steep canyon and ringed by snow-peaked mountains, it takes your breath away – literally!

After a couple of days of acclimatising, we will transfer to the start of our trek in the pretty little town of Copacabana, on the shores of Lake Titicaca.



Brief itinerary

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Day 1:
Depart London.

Day 2:
Arrive La Paz, 3300m, transfer to hotel. Acclimatisation day.

Day 3:
Acclimatisation day. Half day city tour.

Day 4:
Transfer approx. 3hrs from La Paz to Copacabana, Lake Titicaca.
3hr warm-up trek from Copacabana - Sampaya lake shore. Boat to Isla del Sol. 1hr hike to overnight guesthouse at 4000m.

Lake Titicaca is the highest lake in the world at 3800m. This beautiful, turquoise blue, fresh water lake is the most sacred body of water in the Inca empire and now the natural separation between Peru and Bolivia, with a surface area exceeding 8,000 sq. km and more than 30 islands, such as the Isla de Sol and de la Luna at its southern end, where we will spend two days trekking and acclimatizing in this unique environment.

Day 5:
Trek 4-5 hrs. North – South Isla del Sol. Visit Isla de la Luna, visiting Inca ruins at Inac Uyu. Overnight guesthouse.

Day 6:
Trek to Yumani – transfer by boat back to Copacabana. 3hr road transfer to the Condoriri. 4hr trek from 4200m to Condoriri base Camp at 4700m. Overnight camp.

Day 7:
9hr trek to summit Cerro Negro 5370m – return to base camp, 4700m.

Day 8:
7-8hr trek from base camp, 4700m – 5000m – Ancoma camp, 3,800m.

Our Bolivian challenge culminates in summiting Cerro Blanca at 5370m, one of 13 peaks in the range above 5100m, where we will have spectacular close-up views of glaciated peaks and stunning views stretching across to Lake Titicaca and into Peru. We will also have a good chance to spot condors and Andean flamingo's. A tough, but breath-taking challenge in stunning untouched Bolivia.

Day 9:
1-2hr trek to Chacapampa (3,550m). Transfer 3hrs back to La Paz. Celebration dinner and overnight hotel.

Day 10 :
Free day in La Paz. Overnight flight back to London.

Day 11
Arrive London.

Grade
Tough to challenging

Best time of year
April to November

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Itinerary complex and subject to change*