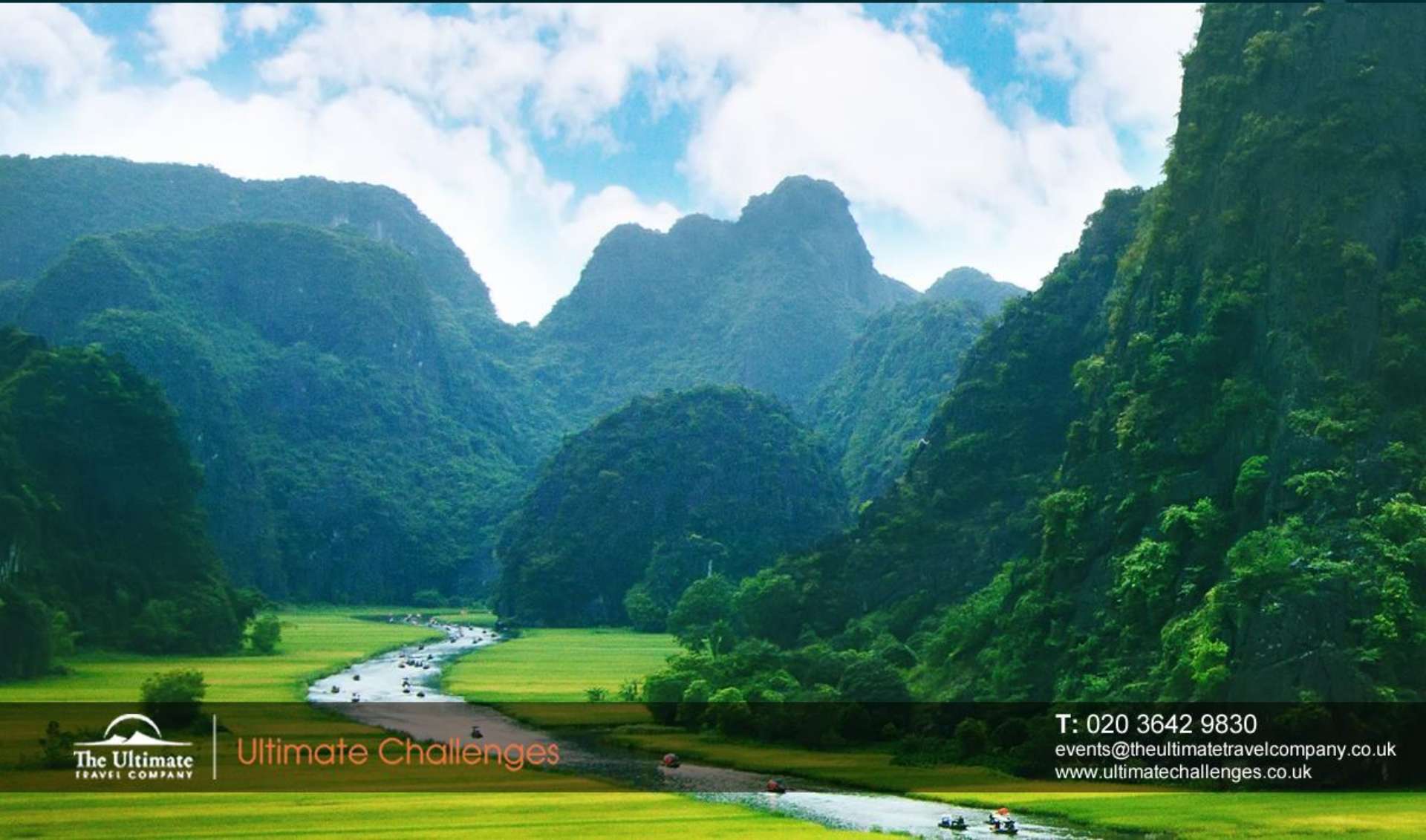


Bike Challenge

Bike Vietnam and Cambodia



Ultimate Challenges

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Vietnam and Cambodia Bike

Pedal Through History: A Thrilling Cycling Adventure from Ho Chi Minh to Angkor Wat!

Embark on the adventure of a lifetime as you cycle from the bustling streets of Ho Chi Minh City to the awe-inspiring temples of Angkor Wat. This exhilarating journey will take you through lush countryside, charming villages, and historic landmarks, immersing you in the vibrant cultures of Southeast Asia.

Trip Highlights:

- **Explore Ho Chi Minh City** – Begin your journey in Vietnam's dynamic metropolis, where history meets modern energy. Take in the sights of colonial landmarks, street food delights, and the famous Cu Chi Tunnels.
- **Cycle Along the Mekong Delta** – Pedal through the picturesque landscapes of the Mekong, passing rice paddies, floating markets, and friendly local communities. Enjoy a boat ride and sample tropical fruits straight from the source.
- **Cross Into Cambodia** – Experience a seamless transition into Cambodia as you ride through rural countryside, witnessing traditional stilted houses and serene pagodas.
- **Phnom Penh – The Pearl of Asia** – Uncover Cambodia's compelling history in its vibrant capital, visiting the Royal Palace, Silver Pagoda, and the moving Killing Fields memorial.
- **Siem Reap & The Temples of Angkor** – Arrive in the heart of Cambodia's ancient Khmer Empire and explore the breathtaking temples of Angkor Wat, Bayon, and Ta Prohm, where jungle vines embrace centuries-old stone ruins.



Detailed itinerary

Day 1: Depart UK for Vietnam

Depart London for our international flight to Ho Chi Minh City.

Day 2: Arrive Ho Chi Minh City

Arrive Ho Chi Minh City and transfer to our hotel. A full bike briefing about the challenge ahead will follow dinner.

Day 3: Ho Chi Minh City to Tra Vinh 62km cycling

Our challenge begins with a transfer to the start of the ride at Ben Tre! The route today leads into the heart of rural Mekong. The riding begins after the ferry journey across the Tien Giang River at My Tho. We pedal through narrow roads and lanes, past banana plantations, fields of sugar cane, through the lush green landscape of the Delta, crossing rivers and canals by numerous, ubiquitous, fascinating ferries. A section of biking cuts off-road onto gravel and dirt lanes and weaves around hamlets, across water channels and through quite dense vegetation. This makes for superb biking. A final ferry across the gaping expanse of Co Chien River leads us to Tra Vinh, a pretty tree lined town with a large population of ethnic Khmer. Overnight in hotel.

Day 4: Tra Vinh to Can Tho 72km cycling

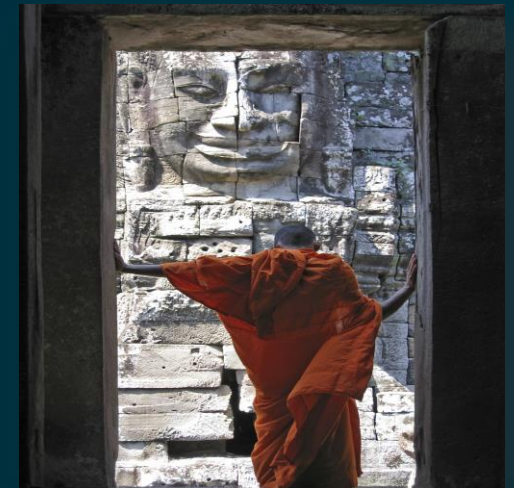
An early transfer to the start where a peaceful, pretty but narrow road guides us all the way to Can Tho. There is plenty to see along the way, from the contrasting architectural styles of ethnic Khmer homes, to the numerous colourful Khmer temples to the fascinating river scenes witnessed when pedalling over countless small wooden planked bridges! Visit Ba Om Pond with its magnificent lotus flowers and observe local women having their future predicted in the small temple nearby. Overnight in Can Tho.

Day 5: Can Tho to Long Xuyen to Chau Doc 65km cycling

Today is a long day. We catch a boat to Cai Rang and cycle the narrow paved road to Phong Dien floating market, weaving through a bustling morning market along the banks of a very busy river. Absorb the sights of endless cottage industries, timber merchants, coconut shredders, small docks loading/unloading rice and tiny vibrant markets. After lunch we continue riding to the town of Long Xuyen. There is a short transfer to Chau Doc where we stay overnight.

Day 6: Chau Doc – Phnom Penh

No riding today. We say goodbye to our Vietnamese team and catch a speed boat to Phnom Penh, into Cambodia's capital. In the afternoon, we transfer by local Cyclo's to explore the city, visiting the Silver Pagoda, the Royal Palace, the National Museum and Wat Phnom. Overnight hotel.



Detailed itinerary

Day 7: Phnom Penh to Kampong Thom 70 cycling (longer option 90km)

We begin with a delicious breakfast before embarking on an unforgettable journey. We take a ferry across the Mekong River, where we meet the bikes for the next leg of this exciting ride. Pedal through the lush tropical countryside, where the jungle stretches to the roadside, creating a stunning backdrop for your adventure. As you cycle, pass by the local village, soaking in the sights and sounds of rural life. Along the way, we pause for a refreshing break-stop, giving you a moment to rest, recharge, and take in the beauty of your surroundings before continuing.

As we get nearer to Kampong Thom, we take another scenic ferry ride across the Mekong River, where our vehicle awaits, ready for the next leg of our adventure. From here, we embark on a comfortable two-hour transfer to Kampong Thom, passing through picturesque landscapes and charming countryside along the way. Overnight hotel.

Day 8: Kampong Thom to Siem Reap 60km cycling

We start the day with another transfer to avoid some of the poorest roads in the area. We cycle the final 60km from Domdek to Siem Reap; we stop and have lunch at Rolous Pagoda one of the oldest and most famous Buddhist monasteries in the area. The road to the heritage site is lined with temples and creatures, a fitting entrance to this unique and spiritual city.

Day 9: Angkor Wat 30km cycling

After breakfast, we set out on our bikes for an unforgettable day exploring the breathtaking Angkor ruins—either as a group or at your own pace. Cycle through the mystical landscape and visit the magnificent Angkor Wat, the enigmatic Bayon Temple, the Terrace of the Elephants, and the legendary Ta Prohm, where nature and history intertwine as massive fig tree roots engulf the temple walls. As we cross the finish line at the iconic Angkor Wat, we celebrate the successful completion of our challenge—a truly rewarding moment! Back to Siem Reap to celebrate our achievements!

Day 10: Departure

Transfer to the airport for our connecting overnight flight back to London.

Day 11: Arrive London

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This itinerary is complex and subject to change

Challenge grade

Moderate to tough

Best time of year

Late September, October, November and March

