

# Argentina Trek

Explore the Lake District of Patagonia, trekking over 5 days



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# Argentina

## An incredible hike in Patagonia

Despite its recent economic woes, Argentina's stunning natural wonders from the highest mountain in South America, Aconcagua at 6959m, to its subtropical north and its spectacular southern tip, where Patagonia holds glacier-dotted mountains and lakes, to its delicious famous beef, its elegant capital city and a passionate culture full of Tango and Football!

There really is no other country in South America currently tempting more adventurous travellers to its heart.

This breath-taking trekking challenge, takes us down into enchanted Patagonia, a wild and isolated terrain, which covers roughly a third of Argentina.

Here, you will find some of the hemisphere's highest peaks, forests of strange primeval forests and several of the world's most noteworthy glaciers, not to mention the beautiful birdlife and flora.



# Detailed itinerary

## Day 1: London to Buenos Aires

Overnight flight from London (flight details TBC) to Argentina.

## Day 2: Buenos Aires to Bariloche

Met on arrival at Buenos Aires International Airport where we are then transferred to the Domestic Airport for our onward flight. On arrival into Bariloche we are met by our guides, and then transferred to our accommodation. This evening will have a trek briefing and here more about this amazing challenge.

## Day 3: El Tambo to Jakob Hut (6-7hrs trekking)

After a hearty breakfast we have a short transfer where we begin this once in a lifetime trek! Today we will hike through the Nahuel Huapi National Park to Refugio Jakob. We follow the stream at the beginning of today before crossing over it. The valley floor is stunning, the views are amazing with the mountains rising above you. The initial trail going up to Jakob will follow the valley floor. It becomes quite flat with a few undulations before arriving at Jakob Hut, which is the most basic accommodation we stay at (but the most fun).

## Day 4: Jakob Hut to Casalata Valley (9-12hrs trekking)

After we depart Jakob Hut we have one of the longest and toughest days on this challenge. We make our way to the Casalata Valley. The trail passes through mountain ridges, impressive valleys, rocky terrain, Andean forest with amazing views on the Andes.

Once we reach the valley floor, we have a short 45 minute transfer to the Pampa Linda (77 miles from Bariloche) area of the Parque Nacional Nahuel Huapi for the next part of this trekking adventure, where we enjoy the most amazing views of Mount Tronador.



## Day 5: Day trek from Pampa Linda (5-7hrs trekking)

There is some of the regions finest trekking in in the Pampa Linda area. Today we experience this for ourselves and trek in the shadows in the shadows Cerro Tronador (3,478m). Tronador is so unique because of the presence of a rare black glacier at the summit. We will follow some well-trodden paths and at the same time, take in the amazing views of the surrounding mighty Andes.

We have a second night at the Pampa Linda and prepare for the next part of the trekking adventure.



# Detailed itinerary

## Day 6: Pampa Linda to Roca Hut (6-8hrs trekking)

We follow a track from Pampa Linda for approx. 1hr before following an ancient road to meet the Rio Alerce.

The route takes a gradual uphill crossing small streams, grassy alpine meadows to reach Paso de las Nubes. Here you get some incredible view points, before descending through glacially formed valleys, having amazing views of the Glacier Frias, an amazing icefall. From here we have an undulations to the Roca Hut, our destination for the night.



## Day 7: Refugio Roca to Lago Frias (5-7hrs trekking)

We pick up the trail from the hut and go further into the valley. We follow a well-maintained path, with glimpses through the trees of the snow-capped mountains of the region, Before we reach the Lago Frias, we pass a memorial to members of the Argentine Gendarmeria who died here in a plane crash in 1952. We reach a small jetty where we board a boat for a trip along Nahuel Huapi Lake to connect with our vehicles to take us to Bariloche. We have a chance to celebrate our achievements in Argentinean style, maybe with a 'Tango' or two.



## Day 8: Bariloche to Buenos Aires

This morning we transfer to the airport for our flight to Buenos Aires. On arrival in Buenos Aires we are transferred to the international airport for our onward flight back to the UK.

## Day 9: Arrive London

### Challenge grade

Challenging to tough

### Best time of year

November to March

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*This itinerary is complex and subject to change*

