

Application Form

Name of Challenge:

Date of Challenge:

1. Payment options for Open Challenges (please tick which option you have chosen):

Fundraising option

- Once you have decided and contacted the charity whom you wish to support, you will need to pay a registration fee directly to The Ultimate Travel Company and pledge to raise the minimum sponsorship.
- We will invoice your chosen charity for your expedition costs.
- The cost of your airport tax will need to be paid by you, so we will invoice you for this.

Payment + fundraising option

- You pay for the expedition and airport taxes yourself, directly to The Ultimate Travel Company.
- We will invoice you approx. 8 weeks before the trip departs with the final tour costs plus airport taxes.
- Simply choose a charity you wish to support and endeavour to raise as much sponsorship as possible for them.

Which charity are you supporting?	
Registered charity number	
Name and contact details for charity	

2. Personal Details (Please use name as shown on your passport)

Title (Mr/Mrs/Ms/Miss)	
Surname	Forename
Address	
Postcode	
Home Tel	Work Tel
Mobile	Email
<i>Please tick if you do not wish for this to be shared</i> <input type="checkbox"/> <i>Please tick if you do not want to receive the Ultimate Challenges e-newsletter</i> <input type="checkbox"/>	

3. Next of Kin

Name	Relationship
Daytime Tel	Evening Tel

Application Form

4. Dietary requirements

Do you require vegetarian meals?	
Other dietary requirements (e.g. food allergies)	

5. Passport details

Passport Name	Nationality
Passport number	Date of birth
Date and place of issue	Date of expiry

It is essential that we have the above information. If you do not have a passport at the moment, just send in your entry form and let us have the details as soon as you can. Your passport must be valid for 6 months after the end of the event.

6. Room sharing

If a friend is also taking part in the trip and you'd like to share a room/tent please give their name below. Accommodation will be shared. It might be mixed sex and conditions may be basic.

Name of person you would like to share with	
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7. Insurance

It is your responsibility to organise your own personal travel insurance covering health, accidents and loss. Preferential and Snowcard Insurance have policies we can recommend. Please ensure you are fully covered for the trip you are undertaking e.g. a bike ride, trek at altitude etc. You will not be able to travel without adequate travel insurance.

NB Preferential Insurance only offer cover for treks up to 4000m.

8. Medical Information (see enclosed form)

Taking part in a trekking or biking challenge requires a reasonable level of fitness, and you should be in sufficient good health to participate in any challenge event.

If you are not a regular hiker you should hike two or three times a week for several weeks before departure, gradually increasing the distance you cover. Remember you could be hiking/biking up to eight hours a day over hilly/mountainous and rough/steep terrain.

Enclosed is a medical form, which you must complete and return with this application. Your GP must sign this form agreeing that you are fit enough to take part in this event. It is important that your GP fully understands the nature of the challenge you will be undertaking. Until this form is completed and approved, we cannot guarantee your participation in the trek or bike.

It is essential that our medical personnel on your trip are fully briefed on every person participating, so we do need accurate and honest medical information. All medical information will be treated with confidentiality and if you have any concerns you would like to discuss with us prior to completing this form then please contact us.

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9. Vaccinations

Typically, Typhoid and Hepatitis A vaccinations are advisable and we recommend that Tetanus and Polio boosters are up to date. A Yellow Fever certificate is required for Kilimanjaro. Please consult your own GP. Anti-malaria tablets may also be recommended for Kilimanjaro. Further information will be included in your specific event pack.

10. Passports and Visas

All events require your passport to have at least six months to run from your return date to the UK. It is your responsibility to ensure you have all the necessary visas and documentation necessary. Further information will be included in your specific event pack.

11. Conditions of Entry

- For each event we require a non-refundable registration fee. You will either make a commitment to raise a minimum sponsorship set by your chosen charity or pay your own trip costs (plus airport taxes) direct to The Ultimate Travel Company eight weeks prior to departure.
- If you are unable to meet the tour costs sponsorship requirements or fund your own tour costs, you may forfeit your place on the event - or you may choose to make up the balance yourself.
- You must be aged between 18 and 70 before the departure date of the event.
- Countries we visit have strict entry conditions. You must not suffer from alcohol or drug dependency. You should not have any criminal convictions. Your passport must have at least six months validity from the day you return from the event.
- All funds raised for your chosen charity through the event must be payable to them.
- You must be covered by travel insurance for health, accident and loss.
- All participants take part at their own risk. For health and safety reasons the tour operator, ground agents and/or medical staff reserve the right to stop any participant from trekking/biking.

12. Your commitment

- I apply to take part in the following challenge _____ and undertake to abide by the terms and conditions of this event.
- I undertake to raise as much sponsorship to benefit my chosen charity as is possible.
- I understand that I will need to pay the airport taxes for my challenge approx. 8 weeks prior to departure.
- I enclose a cheque for my registration fee (payable to The Ultimate Travel Company). I understand this is non-refundable.

Signed _____ Date _____

Check-List

- Completed Application form
- Completed Medical form
- Registration fee payable to 'The Ultimate Travel Company'

Please complete & return to: Ultimate Challenges
The Ultimate Travel Company, 25 - 27 Vanston Place
London SW6 1AZ
T: 020 3642 9830 E: events@theultimatetravelcompany.co.uk

Medical Form

Name of Challenge:

Date of Challenge:

Please read the notes below carefully before completing the form

All potential participants on our charity challenges are required to complete one of our medical forms.

Dedicated personnel will look at the forms, and may forward details on to our doctor for advice. All information will be treated as **strictly confidential**.

We request medical information from you in an endeavour to minimise risk to all participants, and for that reason ask that you disclose all your medical history. The Ultimate Travel Company cannot accept any responsibility in the event that you do not fully disclose all relevant details. Our policy is to encourage and support as many people as possible to take part in our challenges we nevertheless reserve the right to reject your application to participate in this event if recommended to do so by our medical advisor.

The event in which you will be participating is challenging and will require a good level of fitness, strength and endurance. You should check with your doctor to ensure that you are sufficiently fit and healthy to participate.

You should take into account that medical and other facilities at the destination are likely to be inferior to those in the UK and that some parts of the route will be away from main cities and hospitals, in remote locations.

There will be trained medical personnel on hand who will be able to provide treatment for minor injuries, and first aid support in the event of a more serious injury or medical problem. Should you require more medical attention than can safely be provided on site, the medical officer and staff team will arrange appropriate evacuation and transfer to the nearest, most appropriate, hospital or medical centre.

If you develop any new medical conditions or experience worsening of existing conditions after returning this form, you must inform The Ultimate Travel Company.

Personal Details

Title (Mr/Mrs/Ms/Miss)	Date of Birth
Surname	Forename
Address	
Postcode	
Home Tel	Work Tel
Mobile	Email
	Please tick if you do not wish for this to be shared <input type="checkbox"/>
Height (metres)	Weight (kg)

Medical Form

Do you have a history of any of the following conditions?

Raised blood pressure If yes, please list the dates and values of your last three blood pressure readings:		Yes/No
Date		
BP (mmHg)		
Heart or circulatory failure Details		Yes/No
Blood clots, in particular DVT (clot in leg) or PE (clot in lung) Details		Yes/No
Chest or lung disease Details		Yes/No
Asthma If yes, have you ever:		Yes/No
a) had to be hospitalized If so, when		Yes/No
b) Had to take steroid tablets		Yes/No
Epilepsy Details		Yes/No
Diabetes If yes do you have type I or type II diabetes _____ Please give dates and values of your last three HbA1c readings		Yes/No
Date		
HbA1c (%)		
Digestive of bowel disorders Details		Yes/No
Haematological or blood disorders Details		Yes/No
Cerebral disease e.g. stroke, head injury, tumour Details		Yes/No
Past injuries e.g. fractures, sprains Details		Yes/No

Medical Form

Operations Details	Yes/No		
Mental health problems Details (including any admission dates, sections or diagnosis)	Yes/No		
Allergies Details	Yes/No		
Heat or cold injury Details	Yes/No		
Thyroid disease, or other endocrine disorder If yes please give the date and values of your last thyroid function test	Yes/No		
Date	TSH	T4	

Please list below any medications you are currently taking

If you have any other medical conditions not disclosed above, please give details here

If you are taking part in a Mount Kilimanjaro or Machu Picchu trip please read and complete this section.

- Excessive altitude and high altitude can aggravate dental problems. Please make sure you have had a dental check up approx. 6 months prior to the trip departing.
- Have you any experience of trekking at altitude? If yes, please give details below including the height to which you trekked and any symptoms of altitude you experienced.

Medical Form

To be completed by the participants GP in the following circumstances:

You are taking part in a high altitude trek such as Mount Kilimanjaro or Machu Picchu

OR if age 60 or over

OR have answered yes to any questions on the medical form.

I hereby give permission for The Ultimate Travel Company's medical advisor to discuss medical conditions relevant to this Challenge with either my GP or hospital specialist.

Signed

Date

I have read this medical form, including the attached notes. The information given by the participant is correct, and no significant medical history contained in the patient's medical records has been withheld. I confirm that to my knowledge, the participant has no physical or mental health problems that should preclude them from undertaking the challenge.

GP signature

Date

GP stamp

Tel no

Fax no

Please complete & return to: Ultimate Challenges
The Ultimate Travel Company, 25 -27 Vanston Place
London SW6 1AZ
T: 020 3642 9830 E: events@theultimatetravelcompany.co.uk

Terms and Conditions

OPEN CHALLENGE AGREEMENT

Ultimate Travel Company (UTC) of 25 -27 Vanston Place,
London, SW6 1AZ ATOL: 5111

UTC Ultimate Challenges facilitate the raising of funds for charities by providing expedition trips. Set out below are the terms and conditions to form the basis of your relationship with the Tour Operator ('UTC') of 25 -27 Vanston Place, London SW6 1AZ, registered company number 3528325, and the charity for whom you have decided to raise funds 'the charity'.

Making your booking

Please complete the specific application and medical form for the expedition you wish to join, and forward them to UTC with your non-refundable* deposit (made payable to The Ultimate Travel Company Ltd). On occasions, some expeditions require a higher deposit, but you will be advised of this at the time of booking. If you are booking less than 8 weeks prior to departure, the full cost of the expedition will be payable. On receipt of your application/medical form and deposit, we will confirm your place on the expedition in writing and send you further fundraising and expedition advice. Applicants whose forms are not accepted (e.g. medical conditions not suitable for the expedition) will have their deposits refunded.

Payment methods for joining an Open Challenge

There are two payment options:

1) Fundraising option

Once you have paid the non-refundable deposit and we have confirmed your place on the expedition, you should contact the charity for whom you wish to fundraise. You will commit to raising a minimum sponsorship target that will need to be paid in full to the charity at least eight weeks prior to departure. We will then invoice the charity for your expedition costs less the airport taxes and fuel surcharges which we will invoice you for directly.

2) Payment + fundraising option

Once you have paid the non-refundable deposit and we have confirmed your place on the expedition, we will invoice you directly for your expedition costs and airport taxes and fuel surcharges, to be paid at least eight weeks prior to departure. You should contact the charities you wish to raise money for directly.

Credit card payments

We do have the facility to accept payments by credit card but will levy a service charge of 2% of the value of the relevant payment to cover costs incurred. This does not apply to debit cards.

Failure to pay all monies on time

If we or your chosen charity (as applicable) do not receive all payments (including any surcharges) and minimum sponsorship requirements on time, we are entitled to treat the booking as cancelled and to apply cancellation charges as set out below.

Alterations made by the Ultimate Travel Company

We plan expeditions many months in advance. Occasionally, we have to make changes to the published itinerary and to amend or cancel confirmed bookings. Whilst we always endeavour to avoid changes and cancellations, we reserve the right to modify or cancel any tour, flight schedule and accommodation arrangement should unforeseen circumstances amounting to 'force majeure' arise. We will notify you of any such changes as soon as possible. If the changes are significant enough to alter the nature of the expedition, you will be given the choice of an alternative expedition or a full refund of all monies paid.

We reserve the right to increase the price of your travel arrangements to allow for variations in transportation costs (including the cost of fuel), taxes and the exchange rate applicable to your travel arrangements. No price increase will be made within 30 days of your departure date and, in any event, we will absorb any increase up to 2% of the cost of your travel arrangements.

Minimum numbers

Each expedition will only operate with a minimum number of participants. Likewise, the provision of a UTC leader and/or doctor is subject to minimum number of participants. **Please check your information pack for specific details.**

Alterations made by you

We will do our best to make any alterations you may require after confirmation has been issued subject to availability and the payment of any increased costs relevant to the changes. If alterations are made less than 8 weeks prior to departure, an additional £95 charge will be levied together with any other costs incurred.

Cancellations by you

All cancellations must be received in writing. Cancellation is taken from the date such notice is received and charges will be applied as follows:

Between 8 and 6 weeks	50% of expedition
Between 6 and 4 weeks	75% of expedition
Less than 4 weeks	100% of expedition

If you have paid us for your expedition costs, any refunds due will be paid directly to you.

If your chosen charity paid us for the expedition costs, any refunds due will be paid directly to the charity. The charity shall be entitled to keep any such monies and shall not be obliged to refund you. If cancellation occurs in circumstances where recovery of cancellation charges is indemnified under your travel insurance, you hereby agree that you will co-operate in the recovery of these charges from the insurers and that any sums recovered will be paid to the charity. Monies paid to the charity over and above the expedition costs will not be refunded in the event of cancellation, as these monies were raised for charitable purposes.

Terms and Conditions

Airlines and other suppliers

UTC will provide travel, accommodation and other services as specified in the expedition itinerary. Flights and accommodation are fully protected under the company's ATOL Licence Number arranged with the Civil Aviation Authority (CAA). Most flights are arranged with scheduled airlines that will usually provide refreshments, meals and accommodation in the event of any substantial flight delay. If these facilities are not provided by the airline in the event of any such delay at the outward or homeward points of departure, UTC will not be responsible for arranging them.

Extending our stay after the expedition

Should you wish to extend your stay, we can amend your flight reservation but will charge you for any increase in the airfare plus an administration fee of £95.

Health, safety & fitness

The expedition in which you will be participating is challenging and will require a good level of fitness, strength and endurance. It is your responsibility to ensure that you are fit to participate. You will be asked to fill out a detailed medical form, which you should complete accurately and truthfully. Your place on the expedition will only be confirmed once your medical form has been assessed. If you have any doubts about your health, you should check with your doctor to ensure that you are sufficiently fit, healthy and mobile to participate in the event. You should take into account that local medical facilities, particularly for those with any illness or infirmity, are likely to be inferior to those in the United Kingdom. Your personal safety during the expedition is of fundamental importance to us. While we do carefully monitor the safety of every expedition destination, the Foreign and Commonwealth Office do offer a travellers' advice line on 0207 008 0232 or www.fco.gov.uk. Please ensure that you are kept informed of the latest FCO advice.

Travel insurance

It is imperative that you take out travel insurance to cover any health or injury problems that may arise and, if necessary, repatriation to the United Kingdom. You should also advise your insurer of any pre-existing medical conditions before travel. Failure to do so may invalidate the cover. UTC requires a copy of your insurance policy details at least 8 weeks prior to departure. We reserve the right to cancel your booking if you fail to obtain adequate cover.

Standard and quality of facilities

You should not have unreasonable expectations of the facilities that will be provided which may be below what you might expect at home. The itinerary and literature you receive from us will accurately describe the standard and quality of the travel arrangements.

Liability

We accept responsibility for ensuring that your travel arrangements are as described in literature produced by us or on our behalf, and that the services we are contractually obliged to provide are to a reasonable standard. If, in the reasonable opinion of the charity, any part of your travel arrangements is not provided as promised, and if this has affected the quality and structure of the expedition, we will pay appropriate compensation.

We accept responsibility for caused by negligent acts and/or omissions of us, our employees, agents and suppliers whilst acting within the scope of, or in the course of, their employment in the provision of any part of your travel arrangements that we are contractually obliged to provide. We will, accordingly, pay to any affected participant such damages as might have been awarded in such circumstances under English law.

However, damages are not payable where any failure to fulfil the contract is not due to any fault of ours or the supplier of any part of your travel arrangements, and where any failure to fulfil the contract is attributable to you, unforeseen and unavoidable actions of a third party unconnected with the provision of your travel arrangements, unusual and unforeseeable circumstances beyond our control or any event which could not have been foreseen even if all due care had been exercised. In respect of carriage by air, sea and rail and the provision of accommodation, the amount of compensation we may be obliged to pay will be limited in accordance with relevant international law conventions. Carriage by air is subject to the relevant carriers' conditions. In particular, drunkenness or rowdy behaviour may lead to the airline refusing carriage, in which case alternative flights may have to be organised at your own cost.

Acceptance of risk

Your booking is accepted on the understanding that:

- (i)** You are aware that this is an adventure trip. In addition to the usual dangers and risks, you should take into account weather extremes, remoteness from medical services and physical exertion for which you may not be prepared before committing to the expedition.
- (ii)** You acknowledge that the enjoyment and excitement of adventure travel is derived in part from the inherent risk incurred in taking part in activities that are beyond the levels of safety you would normally encounter at home or in the work place, You acknowledge that this is a reason for your participation.
- (iii)** You acknowledge that the nature of the expedition requires considerable flexibility and that you must allow for changes to routes, schedules, transport etc. The outline itinerary for the expedition is an indication of what the group may accomplish, and does not form a contractual obligation on our part. No refunds will be given for services not utilised.
- (iv)** The expedition leader, doctor and local management staff have the right to disqualify any participant at any time during the course of the expedition if it is deemed necessary for the safety of yourself or the other participants, or if it is deemed that your behaviour or actions are compromising the other participants' enjoyment of the expedition.

Complaints and arbitration

We will always endeavour to resolve any complaints on the spot. However, if the matter cannot be resolved, you should inform the relevant supplier and/or expedition leader then write to us within 14 days of the end of the expedition. We will endeavour to resolve the issue as promptly as possible.